

# TIPS FOR CHILDREN

NPO 067 095 / PBO 930 034 181

www.komcaat.co.za (50292)

1

Never go anywhere alone - always be with people you know and trust.

2

Always tell your parents where you are going, even if your plans change. Make sure your parents have your friends' phone numbers as well.

3

Know your parents' names and telephone numbers off by heart - also know another family member's details in case you can't get hold of your parents.

4

If you get lost in a shopping mall, don't go looking for your parents by yourself.

5

Don't go with people you don't know or don't trust. Go to public toilets accompanied by your friends or parents.

6

Don't take any gifts from strangers, even if it's that chocolate you really like.

Never accept lifts from strangers.

7

Make a scene when you think someone is following you - rather be safe than sorry.

8

Write your name and parents' phone numbers on the inside of your clothes and schoolbag. This way, strangers can't see it.

9

Don't play in the streets alone - it's dangerous!

10

Remember the BUDDY SYSTEM: always take a friend with you - don't go anywhere alone. This way, you can help each other when you are in trouble.



**MISSING CHILDREN**  
**SOUTH AFRICA** ©

[www.missingchildren.org.za](http://www.missingchildren.org.za)

## EMERGENCY NUMBERS:

POLICE: 10111  
MISSING CHILDREN SA: 072 MISSING (072 647 7464)  
CELL PHONE HELP: 112  
SAPS CRIMESTOP: 08600 10111  
CHILDLINE: 08000 55 555